



Norton

COUNCIL ON AGING NEWSLETTER

November/ December 2019

Norton Senior Center
55 West Main Street
PO Box 552
Norton, Ma
Phone 508-285-0235

Hours of Operation
Mon - Fri 9:30AM-3:30PM

Council on Aging

DIRECTOR

Beth Rossi

OUTREACH

Cathy Varnum

BOARD MEMBERS

MaryAnn Dempsey, Chair
Natalie Lima, Vice Chairperson
Patricia Zwicker, Treasurer
Sharyn Stedman, Secretary
Joan DeCosta
Kathleen Eno
Judy Leroux
Robyn Lovering
Ruth Schneider
Paul Wannamaker

Board meetings are scheduled for
the second Thursday of the month
at 3:30 PM

Friends of the Norton Senior Center
meet on the fourth Monday of
every month at 1 PM



HOLIDAYS AT THE SENIOR CENTER

As the Holidays approach, I can't help but think of all things we are thankful for here at the Senior Center. From our great volunteers to our wonderful community partners, the Senior Center is really a wonderful play to stay active, meet friends, and learn something new! I am especially thankful and excited for you all to meet our newest staff member Sosie! Sosie will be working the front desk she is friendly, helpful and kind. Please say hello and welcome her.

We have a lot of fun events and informative programs planned for November and December. Some of the highlights are Aroma Therapy, Cookies and Carols with the Tax Collector, holiday craft classes, movies, and the Friends Annual Christmas Party!! We are also collecting mittens, hats, and pajamas to be given to Norton children in need.

Now is a great time to visit the Senior Center! If you have never been here or if you have been away for a while, just drop by and say, "Hi."

--Beth



Keeping the Dream Alive! The Need is Real!

WHAT'S HAPPENING

Regularly Scheduled Programs

CARDS

Every Thursday 12:30PM \$1

WHIST TOURNAMENT

Join the Whist tournament every Thursday.
Have fun and win big!

Call if you need a lesson or a refresher class.

Every Friday 11:00AM, FREE

BRIDGE LESSONS

Learn how to play bridge with the MasterCard Sharks. Have fun while learning this fun and challenging card game.



BINGO

Every Tuesday 12:30PM

50¢ / square for shorties

\$1 / sheet for regular game



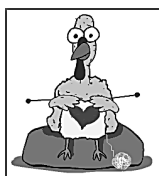
Come join the fun and experience BINGO, Norton Style! Cheap cards, big prizes, and lots of laughs!! Free coffee and treats!

KNIT/CROCHET Every Wednesday 1:00PM

Join the Norton Knitters and create beautiful items while socializing with friends. **FREE**

LEARN TO KNIT Every Friday 9:30AM

Learn how to knit from an expert knitter. Pat will teach students the basic knitting stitches so you will be creating lovely hand-made items in no time! We have everything you need to get started.



FREE

WHIST LESSONS

If you are interested in joining the weekly Whist tournament but have never played or are just feeling a bit rusty, please contact the Senior Center. We will arrange for someone to set up a time and a date for instructions!

TAI CHI FOR BALANCE Every Wednesday

10:30AM-11:30AM \$2

Tai Chi is a Chinese form of martial arts that involves slow, controlled and low-impact movements that can be easy for seniors--even those with limited mobility. Tai-chi can help seniors feel steadier on



their feet as well as improving their hand and eye coordination.

Join us!

MEDITATION FOR HEALTH & PEACE

Every Tuesday 9:30AM-10:30AM \$2

Experience how deep relaxation techniques are beneficial for memory, focus, and improved mood.



FUN FITNESS - Drop In!

CHAIR YOGA

Every Monday 10AM-11AM \$2

Join our certified yoga instructor, Amy, for a relaxing one hour session of Chair Yoga. Chair Yoga is great for anyone who would like to learn how to increase mobility, release tension, and feel an overall sense of renewed energy. *(Please note: no class Nov 4 or 11)*



CHAIR YOGA



Yoga for Balance

Every Monday 11AM-12PM - \$2



CORNHOLE TOURNAMENT

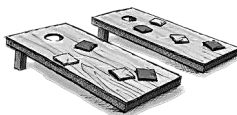
November 4th Monday 1PM

Have a ball throwing the bag in our Senior Center CornHole Tournament.

Refreshments will be served

FREE

SIGN UP AT THE SENIOR CENTER



LINE DANCING LESSONS

Every Thursday 11AM-12PM \$2

Join in the fun with Lestyn and our line dancers at the Senior Center every Thursday. Learn fun and easy line dances to upbeat tunes.

No experience necessary and all are welcome!!



ZUMBA GOLD

Every Wednesday and Thursday

9:30 AM-10:15 AM \$2

Thursday's focus is toning

Join us for a fun class of Zumba Gold!

Zumba is the easy-to-follow program that lets you move to the beat at your own speed. It's an invigorating, community-oriented, dance-fitness class that feels fresh, and most of all, exhilarating!



The lower impact, easy-to-follow, Latin-inspired dance fitness-party™ that keeps you in the groove of life.



CHAIR VOLLEYBALL- FREE

December 30th Monday 1PM

Come enjoy this super fun-filled game. Chair volleyball is great for upper-body mobility and joint flexibility. The game is played with a beach ball and a five foot high net. Rules are similar to regular volleyball, except... "cheeks on the chair!"



Floor Curling - FREE

December 23rd Monday 1PM

Join us as we play a super fun game of curling senior center style. Bring your sense of adventure!

Refreshments will be served.

SIGN UP AT THE SENIOR CENTER



WHAT'S HAPPENING

Special Events and Trips

November

November 1st Friday 1PM FREE

Dollar Store BINGO

Come down to the Senior Center for a fun afternoon playing Dollar Store Bingo
Sponsored by Marian Manor.



*Sign up at the Senior Center

November 6th Wednesday 11:30PM-Free

Lunch and Learn - Housing Alternatives

We are happy to host Bill Cleary, a Senior Living Advisor with Oasis. Bill will present important housing information.



Sponsored by Oasis Senior Advisors

*Sign up at the Senior Center

November 6th Wednesday 1 PM-Free

Brockton Symphony

Come listen to some amazing music!!!



November 8th Friday 1:00PM - Free

Wheel of Fortune!

Home Instead Senior Care is coming to play Wheel of Fortune with us.



Sponsored by Home Instead

*Sign up at the Senior Center

November 11th - CLOSED (Veteran's Day)

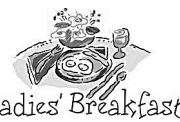
The Senior Center will be closed today
Come and Watch the Parade at 10 AM!



November 12th Tuesday 8:30AM

Ladies' Breakfast @ Kelly's Place

Join us! We will meet and eat at Kelly's Place. Enjoy the company of old and meet some new friends. We pay with separate checks.



*Sign up at the Senior Center

November 13th Wednesday 1:00PM Free

Aromatherapy

Carol from BrightStar will be here to teach us about the benefits of Aromatherapy.

Sponsored by BrightStar

*Sign up at the Senior Center



November 15th Friday 1:00PM - FREE

Lunch and Learn - 2020 Census

Preston Trager will tell us everything we need to know about the upcoming 2020 U.S. Census, including how you can apply to work as a Census Taker.

*Sign up at the

Senior Center



November 18th Monday 1:00PM Free

Operation Christmas Card

Join us as we make beautiful Christmas Cards to send to our soldiers overseas!

*Sign up at the Senior Center



WHAT'S HAPPENING

November 20th Wednesday 8:30AM

Men's Breakfast @ Kelly's Place

Join the guys at Kelly's Place for a morning of good conversation and an amazing breakfast. We pay with separate checks.



*Sign up at the Senior Center

November 20th Wednesday 1:00PM - FREE



Christmas Craft with Hope

Join High School student, Hope, as she teaches us a fun Christmas Craft. Come and craft with us!

*Sign up at the Senior Center

November 21st Thursday 8AM - \$25

Foxwoods Casino Trip

Pre-registration required (8AM departure)

Sponsored by the Friends of the Norton Senior Center



November 21st Friday 1:00PM

MOVIE - The Art of Racing in the Rain FREE

Come and watch with us!

THE ART OF RACING IN THE RAIN is a heartfelt tale narrated by a witty dog named Enzo. Through his bond with his owner an aspiring racecar driver, Enzo has gained tremendous insight into the human condition and understands that the techniques needed on the racetrack can also be used to successfully navigate the journey of life.



Popcorn and beverages will be served!

*Sign up at the



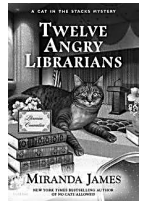
Senior Center

November 25th Monday 9:30AM

Book Club - Twelve Angry Librarians

Join us as we discuss Betsy Miranda James' novel Twelve Angry Librarians.

Refreshments will be served.



Please sign up and read the book in advance!

November 25th Monday 1PM

Friends Meeting and Fun

Join the Friends of the Norton Senior Center's lively business meeting, followed by Guest Speaker Dan Couture who will entertain us with historical stories, facts and humor.

Sponsored by the Friends of the Norton Senior Center

F.R.I.E.N.D.S™

December

December 2nd Monday 1:00PM - FREE

Wingate Activity

Wingate of Norton will be here to host an activity and refreshments!

*Sign up at the Senior Center

Sponsored by Wingate of Norton



December 4th Wednesday 1:00PM

Ice Cream and Pie!



Peace and Harmony Homecare will be here to discuss home care, and we get to enjoy ice cream and pie, as well!

*Sign up at the Senior Center

Sponsored by Harmony Homecare

The Senior Center will be CLOSED



**November 28th & 29th for
the**

Thanksgiving Holiday

WHAT'S HAPPENING

December 6th FRIDAY 1PM FREE

Cookie and Carols with the Tax Collector

Join your friends at the Senior Center for a lively Christmas Tree Lighting! Musical entertainment will be provided by Catherine VanDayne, our Norton Tax Collector. Cookies and merriment galore!



And....Ugliest sweater wins a prize!!



An Ugly Christmas Sweater Party

December 9th Monday 1PM FREE

Bingo for Prizes

Join the folks from Marian Manor here at the Senior Center for a fun afternoon of holiday bingo. Try your luck at winning some fun prizes. Plus refreshments!



Sponsored by Marian Manor

*Sign up at the Senior Center

December 10th Tuesday 8:30AM

Ladies' Breakfast @ Kelly's Place

Join us! We will meet and eat at Kelly's Place. Enjoy the company of old and meet some new friends. We pay with separate checks



*Sign up at the Senior Center

December 11th Wednesday 1PM FREE

Gingerbread Cookie Decorating

Southeast Rehab will be here to help us decorate gingerbread cookies! Yum!!

Sponsored by Southeast Rehab

*Sign up at the Senior Center



December 13th Friday 1PM FREE

MOVIE - Miracle on 34th Street



Come and watch this classic Christmas Movie with us!

Popcorn and beverages will be served!

*Sign up at the Senior Center

December 16th Monday 12PM

Friends of the Norton Senior Center Holiday Party

Meet us at the Chateau in Norton to celebrate the holidays with your *Friends!* Dinner, entertainment, and lots of Holiday Cheer!

*Sign up and pay at the Senior Center by Dec 6th

\$30 per person. Check in starts at 11:30AM



December 18th Wednesday 8:30AM

Men's Breakfast @ Kelly's Place

Join the guys at Kelly's Place for morning of good conversation and an amazing breakfast. We pay with separate checks.



*Sign up at the Senior Center

December 18th Wednesday 1:00PM FREE

Holiday Craft

Join us for an afternoon of crafting and create a special holiday decoration to keep or to give away!

Sponsored by CVNA

REMEMBER TO SIGN UP FOR

EVENTS IN ADVANCE TO AVOID

PROGRAMS BEING CANCELLED!!!!



WHAT'S HAPPENING

December 20th Friday 1PM FREE

Entertainment!!!

Wingate of Norton will be here with entertainment that you won't want to miss.



Refreshments will be served, of course!

*Sign up at the Senior Center

Sponsored by Wingate of Norton

December 23rd Monday 1PM FREE

Curling Tournament

Join us for Curling! Just like at the Olympics!! This is great exercise and lots of laughs!



*Sign up at the Senior Center

December 30th Monday 9:30 AM FREE

Book Club - Title to be determined at November meeting. Call the Center at the beginning of the month for the new title.

*Sign up at the Senior Center

December 30th Monday 1:00PM FREE

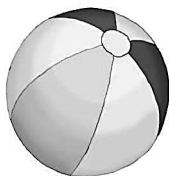
Chair Volleyball

Play a fun game of volleyball. The trick is staying in



your seat!! Refreshments will be served.

*Sign up at the Senior Center



The Senior Center will be CLOSED

December 25th & 26th for Christmas

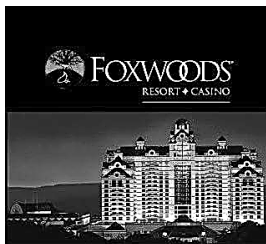


TRIPS by Citizens on Aging

November 21st 8AM- 5PM

Foxwoods - \$25

Hit it big at Foxwoods. Price includes transportation,



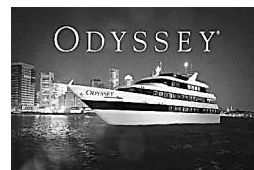
\$10 Slot pay, and buffet lunch or \$10 food voucher.

Sign up and pay at the senior center. Limited seats available.

December 31st - 9:00 AM - \$101

New Year's Eve at Noon

Celebrate New Year's Eve with your friends on the Odyssey for a two hour cruise with a Champaign toast and countdown at Noon. Enjoy distinctive dining, live music !



October 8th-23rd 2020 - BOOK NOW!!!!

Mediterranean and Greek Isles Cruise

12 Nights aboard Royal Caribbean's Jewel of the Sea

Inside Cabin \$3479

Outside Stateroom \$3669

Outside With Balcony \$4379

Includes roundtrip airfare, 2 nights in Barcelona, with touring and three meals, 12 night cruise on the Jewel of the Seas including all meals, entertainment and trip protection!



September 23rd 2020 \$10 deposit due asap

The Pilgrims and Plymouth





Join us as we travel to Plymouth to celebrate Plymouth's 400th birthday. We will have lunch at Plymouth Plantation where we will eat like a pilgrim!

**For questions about any of these trips
call Betty Fogerty at 508-285-0235**

Nov. 2019

Norton Senior Center







508-285-0235

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Baked Goods are available Monday and Wednesday after 10AM				9:30 1 Learn to knit 11:30 Bridge Lessons 1PM Dollar Store Bingo
10 AM YOGA 4 11 AM - Blood Pressure - Balance 1:00 - Quilting Cornhole	9:30 5 Meditation 12:30 PM Bingo	9:30 AM Zumba 6 10:30 Tai Chi 11:30 Lunch /Learn 1PM Crocheting - Brockton Symphony	9:30 AM 7 Zumba Gold 11:00 Line Dancing 12:30 - Whist 3:30 COA Meeting	9:30 8 Learn to knit 11:30 Bridge Lessons 1PM - Wheel of Fortune
 11 CLOSED Parade 10AM	8:30 12 Ladies Breakfast 9:30 Meditation 12:30 PM Bingo	13 9:30 AM Zumba 10:30 Tai Chi 1PM - Crocheting 1PM - Aroma Therapy	9:30 AM 14 Zumba Gold 11:00 Line Dancing 12:30 -Whist	9:30 15 Learn to knit 11:30 Bridge Lessons 12:30PM - Lunch and Learn
10 AM YOGA 18 11 Balance 1:00 -Operation Christmas Cards -Quilting	9:30 19 Meditation 12:30 PM Bingo	20 8:30 Men's Bkfst 9:30 AM Zumba 10:30 Tai Chi 1PM - Crocheting -Christmas Craft	8-Foxwoods 21 9:30 AM Zumba Gold 11:00 Line Dancing 12:30 Whist	9:30 22 Learn to knit 11:30 Bridge Lessons 1PM Movie
9:30 25 Book Club 10 AM YOGA 11AM Balance 1PM -Friends mtg -Quilting	9:30 26 Meditation 12:30 PM Bingo	9:30 AM 27 Zumba Gold 10:30 Tai Chi 1PM - Crocheting	28 	29 

* Advanced registration required.

Dec. 2019

Norton Senior Center
508-285-0235

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10 AM YOGA 2 11 AM - Blood Pressure - Balance 1:00 - Quilting -Wingate	9:30 3 Meditation 12:30 PM Bingo 	9:30 -Zumba 4 10:30 -Tai Chi 1PM Crochet -Veterans Agent -Pie a la Mode	9:30 AM 5 Zumba Gold 11:00 Line Dancing 12:30 Whist	9:30 6 Learn to knit 11:30 Bridge Lessons 1PM Tree Lighting Party 
10 AM YOGA 9 11 AM - Balance 1:00 - Quilting - Holiday Bingo	8:30 10 Ladies Breakfast 9:30 Meditation 12:30 PM Bingo	9:30 AM 11 Zumba Gold 10:30 Tai Chi 1PM -Crochet -Cookie Decorating	9:30 AM 12 Zumba Gold 11:00 Line Dancing 12:30 Whist	9:30 13 Learn to knit 11:30 Bridge Lessons 1PM Movie
10 AM YOGA 16 11 AM - Balance 12PM - Christmas Party	9:30 17 Meditation 12:30 PM Bingo	8:30 Men's bkfst 18 9:30 Zumba 10:30 - Tai Chi 1PM -Crochet -Christmas Craft	9:30 AM 19 Zumba Gold 11:00 Line Dancing 12:30 Whist	9:30 20 Learn to knit 11:30 Bridge 1PM Entertainment 
10 AM YOGA 23 11 AM - Balance 1:00 - Quilting -Curling	9:30 24 Meditation 12:30 PM Bingo	25 		9:30 27 Learn to knit 11:30 Bridge Lessons
9:30 Book Club 30 10 AM YOGA 11 AM - Balance 1:00 - Quilting Chair Volleyball	31 9 AM Day Trip 9:30 Meditation 12:30 PM Bingo	 The Friends Annual Holiday Party Monday December 16th at 12 noon at The Chateau Dinner, Entertainment, Raffles & Merriment! 		

* Advanced registration required.

Brockton Symphony Orchestra

At the Senior Center

Wednesday November 6th at 1PM



**Brockton Symphony
Orchestra**

A Greater Brockton Treasure

VOLUNTEER OPPORTUNITY

Maryann Welch, a Norton first grade teacher, is looking for volunteers to listen to her students read and to play simple math games.

If interested sign up by calling

Mrs. Welch at 508-341-4081

Or email at mwelch@norton.k12.ma.us



**Veteran's Day Parade,
November 11th**

**The Parade Starts at the Yelle
School .**

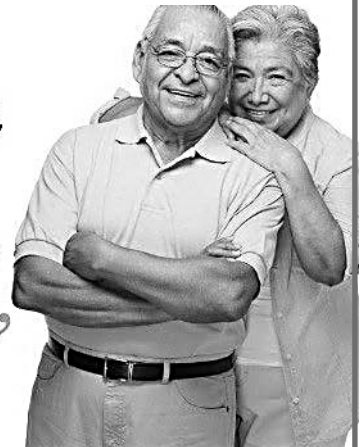
Meet at 9:30AM.

Parade kicks off at 10 AM

**March or watch in support of
all Veterans.**

*"The day-to-day
tension has lessened,
and now we can
afford better, more
nutritional food."*

-Linda & Joe, Illinois



**Make an appointment at the Senior
Center 508-285-0235 to see if qualify
and to apply for SNAP food assistance.**



**Supplemental
Nutrition
Assistance
Program**



**For the safety of everyone,
when visiting the Senior
Center, please park in
designated parking spots
only!**

There is additional parking behind the garage.

Please do not leave your car at the Senior Center if you are not actively participating in a Senior Center program.

Handicapped spots are for people with handicapped placards or plates only.



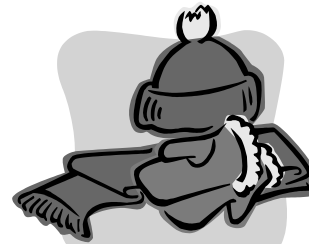
thank you!

CHRISTMAS CHARITY

**We will be collecting
mittens, hats, socks and pajamas
to give to Norton
children in need
this holiday season.**



**Please drop any items off during the
month of November and December and
place them under the tree
or in the collection box!**



Winter is Coming!!

Fuel Assistance

Winter heating bills can be a challenge for a household budget.

Help is available.

Fuel Assistance and energy efficiency programs provide income-eligible households with financial assistance to help pay heating bills. If you received fuel assistance last year, this year's renewal application should have been mailed to you by October.

If you wish to apply for the first time, or require help with the renewal process, please call the Norton COA (508) 285-0235 to make an appointment, for more information, or for a list of required documentation.

This is a Citizens for Citizens, Inc., program. All applications will be forwarded to them for processing.

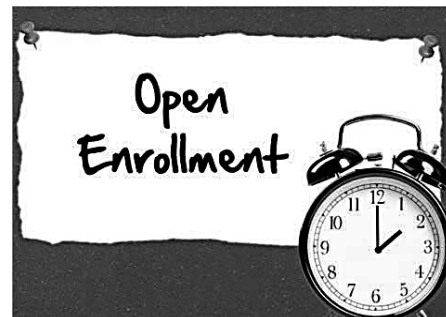


THE SHINE PROGRAM

Serving the Health Insurance Needs of Everyone

It's that time of year again! If you have a Medicare Prescription Drug Plan or a Medicare Advantage Plan (HMO or PPO), you should have receive a notice from your plan by the end of September. That notice outlines changes to be made to your plan for 2020: ***it is important to review, understand and save this information.***

During **Medicare Open Enrollment, from October 15th to December 7th**, you will be able to change your plan for next year. If you would like help understanding your upcoming changes and options, a trained **SHINE** counselor is available to offer **FREE** and **CONFIDENTIAL** counseling on all Medicare and related health insurance programs. To make an appointment with a **SHINE** counselor, call the Senior Center @ 508-285-0235



Thanksgiving Dinners

If you know a Norton senior or veteran that could benefit from an individual Thanksgiving dinner, please contact us. Deliveries will be coordinated between the recipient and a volunteer.



Sign-up Deadline is November 8th

Please call Beth or Cathy at the Senior Center at 508-285-0235 to sign up or with any questions

RESOURCES/SERVICES

HOW CAN THE COA HELP ME?

If you are an older adult, or a caregiver, you may be unaware of all the services that are available to you

Listed below are some of the many services and programs we have to offer

OUTREACH INFORMATION AND REFERRAL

Cathy Varnum, COA outreach worker, is available to consult with residents, family members and caregivers to give information on available services and discuss resources and service available for seniors.

Application Assistance

Medicare Counseling
Fuel Assistance
Food Stamps (SNAP)
MassHealth
Safe Link Wireless
Elder Counseling

Call Cathy—508-285-0235



SHINE – FREE

IT'S OPEN ENROLLMENT!!

Free Health Insurance
Information, counseling and
assistance for people with
Medicare. **Call the Senior
Center for an appointment.**



BLOOD PRESSURE SCREENINGS— FREE

November 4th and December 2nd

Norton's Public Health Nurse,
Donna Palmer is at the Senior
Center on the first Monday of
every month to check blood
pressures. Stop by!!



VETERANS AGENT

November 6th and December 4th

Wednesdays 1:00PM

Come have a cup of coffee with
Estelle Flett, Norton's Veteran's
Officer. Chat about Veteran's
issues or schedule a private
meeting to discuss your benefits and rights.

***Sign up at the Senior Center
or call 508-285-0235 to make an appointment.**



DURABLE MEDICAL EQUIPMENT

LOANS: Free loan of walkers,
commodes, crutches, shower
stools and wheelchairs is
available to elder residents of
Norton.



DONATIONS: We accept donations of medical
equipment in good, clean condition. Please call
prior to bringing your donations to the Center to see
if we have storage space. **THANK YOU!!**

FOOT DOCTOR

Friday - November 1st



Dr. Erik Henrickson will provide foot
exams by appointment only.
Some insurance accepted.
Fee for service \$35
Call Cassie @508-747-1973 for
coverage information

AARP Tax-Aide

Appointments starting in February

**This Newsletter was Published with
Funding from a grant from the
Executive Office of Elder Affairs!!**

THANK YOU!!

Community Support for Seniors

Senior Food Pantry - 508-223-4257

Hebron Food Pantry
11 Sanford Street
Attleboro, MA 02703
Every Tuesday from 10:30-11:30 AM
Free for Elders sixty and over.



Norton Food Pantry - 508-285-3398

Open 1st and 3rd Monday each month from 4:30- 6:30PM. The Norton Food Pantry is located in the Town Hall basement next to the old police department. ID and proof of residency are required.

Meals on Wheels - 508-675-2101

If you or someone you know could benefit from nutritious meals delivered to your home on a daily basis, please call Bristol Elder Services information and referral line to arrange an in-home assessment.



Brush with Kindness

Habitat for Humanity's, Brush with Kindness program can help people with limited or fixed incomes make necessary repairs on their home. For more information call 508-399-1781 Or email dir@oldcolonyhabitat.org www.oldcolonyhabitat.org



Caregiver Support

Monthly Support Group - FREE

Are you overwhelmed taking care of an aging parent? Join the Caregiver Support Group which meets monthly on the fourth Tuesday of each month from 10-11:15AM, at Mansfield Adult Day Health Center, 300 Branch Street, Mansfield, MA. For more information call the Mansfield Adult Day Health Center **508-339-2119**

GATRA

DIAL-A-RIDE (508) 823-8828

Call or register at the Senior Center!

\$1.75 One Way

\$15.00 Ten Ride Pass available at the Senior Center

\$2.50 Out of Area

Medwheels (508) 823-8828 X263

Long Distance Medical Transportation
48 hour advance notice is necessary!





Alzheimer's Support Group

1st Tuesday of the Month 1:30-2:30 PM at Community VNA located at 10 Emory Street, in Attleboro. **508-222-0118**

Commodities Supplemental Food Program

Are you a senior from Norton who could benefit from two free bags of non-perishable, nutritious groceries every month?

To qualify a senior must be 60 years old or older and meet the following gross monthly guidelines:

	<u>Household Size</u>	<u>Monthly Income</u>	
	1	\$1354	
	2	\$1832	
	3	\$2311	

If you are a senior who meets the qualifications and would like to participate in this wonderful program please contact **Beth Rossi** at the Norton Council on Aging - **508-285-0235**



Join us for a **FREE Friendly Cup of Coffee!**

To be a sponsor in the next
Norton Senior Center Newsletter!

Please contact

Tom Reily

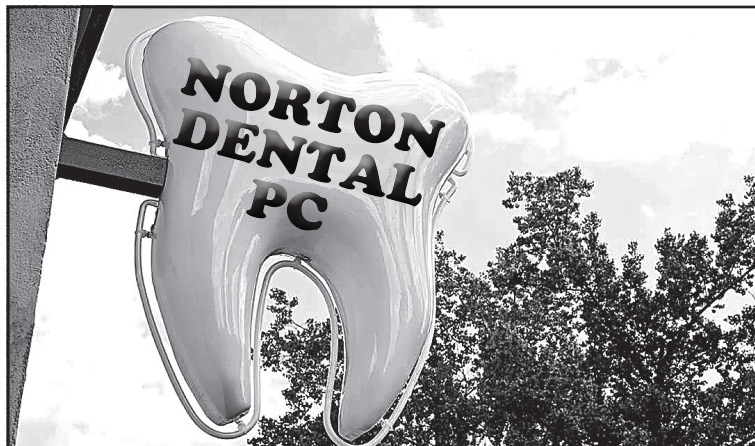
508-336-6633 x 337



*Daggett Crandall Newcomb
Elder-Care Residence*

*Quality elder care in a homelike atmosphere
Since 1923*

**55 Newand Street, Norton, MA 02766
508-285-7944**



**Summer is Here! Perfect Time to
Schedule Your Check Up!!**

Full Service Dental Office:
Including Implants, New Dentures, Repairs.
Loose Dentures? We Can Help.
Mini Implants and Overdentures.

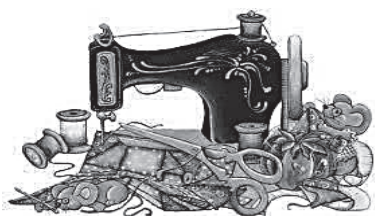
Treating families like our own.

Appointments available now
PLEASE CALL: 508-285-7763

Located at 150 East Main St (RT.123)
Norton, MA 02766

QUILTING AND SEWING

**Bring you machine and your
projects and quilt and sew with
friends.**



November 25- Monday - 9:30-10:30

**12 Angry Librarians
by Miranda James**



Senior/Veterans - Tax Work Off Program

The Senior/Veteran Tax Work-Off
Program is a tax abatement credit for
persons 60 or older or veterans who
volunteer by working for the
Town of Norton.

**Application are available at the
Senior Center/ Veterans Office/
Assessors office**

On a first come first serve basis.



The Town of Norton offers many tax exemptions designed to reduce the property tax burden of qualifying elderly and or disabled veterans.



The exemptions include:

Clause 17E - \$208 - Elderly - Age 70, Widower, or Minor Surviving Child

To Qualify, one must fit into one the above categories as of July 1st for the current fiscal tax year. Assets may not exceed \$4,7236 and must have owned and occupied the real estate for ten years. There is no income limit for this exemption

Clause 37A \$500 - Blind

To qualify, one must have a certificate from the MA Commission of the Blind as of July 1st, and for each July 1st in which an application is filed

Clause 41D- \$1000 - Elderly - Age 70

To qualify, applicants must be 70 years of age as of July 1st for the current fiscal year. Income cannot exceed \$28,422 (single) or 42,634 (married); assets cannot exceed \$47,236 (single) and \$64,952(married). This annually adjusted amount is deducted from overall income to determine eligibility

Clause 22 & 22F-\$400-\$1000 - Disabled Veterans

There are several exemptions available for veterans with war-related disabilities, veterans with Purple Hearts, Congressional Medal of Honor, Distinguished Service Cross, Navy Cross, or Air Cross, and for surviving spouses of qualifying veterans.

Clause 41A - Varies - Tax Deferral

To qualify, one must be 65 years of age as of July 1st, one's income cannot exceed \$40,000;and must occupy the residence.

This exemption allows a qualifying resident to defer a portion or all of their annual real estate taxes until the owner chooses to sell the property, or until the owner dies and the estate is settled

Clause 18 and 18A - Varies - Hardship

To qualify, one must meet the requirements of age, disability and financial hardship as determined by the Board of Assessors. The amount of the exemption varies on a case by case basis.

Clause 42 & 43 -100% - Surviving Spouse or Minor of a Police Officer /Fire Fighter Killed in the Line of Duty.

The Call or Visit the Assessors' Office if You Have Any Questions!

508-285-0270.

FRIENDS OF THE NORTON SENIOR CENTER

The Friends of the Norton Senior Center is a non profit organization. Their purpose is to raise funds through memberships and fundraising events to financially assist the Norton Council on Aging. These funds provide the Senior Center with necessary programs, equipment, and supplies. The Friends greatly assist the Norton Council on Aging in their mission to advance the welfare of seniors in Norton.

BECOME A MEMBER!! Sign up at the Senior Center. Annual Dues are only \$10.00

The Friends of the Norton Senior Center is a group of energetic volunteers who are interested in making a difference in the lives of the seniors in Norton. Meetings are held on the 4th Monday of each month at 1PM at the Norton Senior Center. Come for refreshments, coffee, friendship and fun!!

Meetings - 4th Monday of each month at 1PM

November 25th - Monday Meeting and Speaker @ 1 PM

December 16th - Monday - Christmas Party @ 12:00 PM at Chateau

January 27th - Monthly Meeting @ 1 PM

February 24th - Monthly Meeting @ 1 PM

March 23rd - Monthly Meeting @ 1 PM

Friends Officers

Bill Byrnes - President

Janice Norton - Vice President

Bob Briscoe - Treasurer

Debbie Leary - Secretary

Norton Senior Center Christmas Party Chateau Restaurant

December 16th - Monday

Serving at 12:00 PM

3 Menu Choices



**Door Prizes, Entertainment, Dancing
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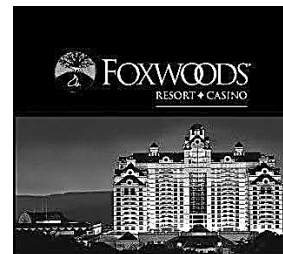
Sign up at the Senior Center

*Must sign up by **December 6, 2019** for the final count.*

*Please make checks out to
the Friends of the Norton Senior Center*

\$30

**FOXWOODS
November 21st
Thursday
8AM depart-5PM**



\$25.00

**Sign up by putting completed registration
form and payment in the Friends black box**

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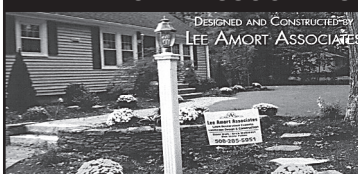


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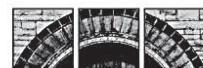
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508-336-6633 x 337

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